

REVIEW

OFFICE MARKET

REGIONAL CITIES Q3 2025

RESEARCH & INSIGHTS



**BNP PARIBAS
REAL ESTATE**

Real Estate for a changing world



Q3 2025

OFFICE MARKET
Regional cities

KEY INFORMATION

- Record-low supply of new office space in 2025
- Vacancy rate remains stable but at a high level
- Limited availability of larger office modules
- Public administration entities are active tenants of modern office buildings
- Rental rates stable or showing slight increases



EXPERT COMMENT



MAŁGORZATA FIBAKIEWICZ

Senior Director, Head of Office Agency
BNP Paribas Real Estate Poland

This year, very few new offices have been added in regional cities – since the beginning of 2025, only about 18,000 sqm have been delivered, and an additional 43,000 sqm are planned by the end of the year. Everything indicates that 2025 will end with a record-low level of new supply in the eight major regional cities. Although another 175,000 sqm are already under construction and will enter the market in 2026–2027, these are still relatively small volumes compared to the pre-pandemic period. Developers are acting cautiously – given the current pace of leasing and the dominance of renegotiations, it is difficult to make quick investment decisions today.

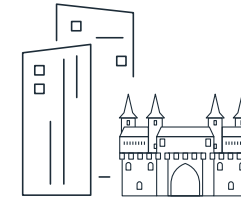
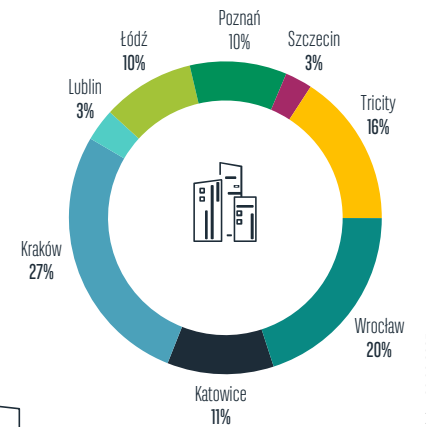
The vacancy rate remains at 17.7%, but larger office units are becoming increasingly difficult to find. This trend is visible both in the regions and in Warsaw. In the third quarter of 2025, 134,000 sqm of office space was leased – about one-third less compared to the previous quarter and to the same period last year. The most active markets are Kraków, Wrocław, and Łódź.

The decline in tenant activity is primarily due to economic uncertainty, companies' more cautious approach to relocation and expansion, and the limited availability of large, ready-to-lease spaces. The public sector is also becoming more active, accounting for around 13% of the volume between June and September, thanks in part to a major deal in Łódź's Brama Miasta.

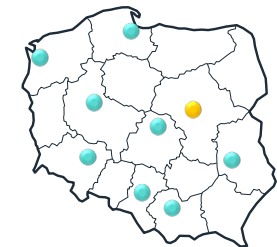
Economic indicators – Poland

	2023	2024	2025	2026	2027
Gross Domestic Product (% y/y)	0.2	2.9	3.5	3.5	3.2
CPI Inflation (% y/y)	11.6	3.7	3.7	2.8	2.6
Average gross salary (% y/y)	13.1	13.8	8.5	7.0	7.0
Registered unemployment rate (%)	5.2	5.1	5.4	5.3	5.3
NBP main interest rate (%)	5.75	5.75	4.25	3.50	3.50
EUR PLN	4.34	4.27	4.25	4.25	4.30
USD PLN	3.94	4.10	3.54	3.48	3.53

Existing office space by city

6.73 M sqm
EXISTING
OFFICE SPACE

Existing Office Space: Regional cities vs. Warsaw

52%
8 REGIONAL CITIES48%
WARSAWBNP PARIBAS
REAL ESTATE



Q3 2025

OFFICE MARKET
Regional cities

KEY FIGURES

15,600 sqm
NEW SUPPLY, Q3 2025

+1.6% y/y

0.0% q/q

65,200 sqm
NEW SUPPLY, LAST 4 QUARTERS

-45.0% y/y

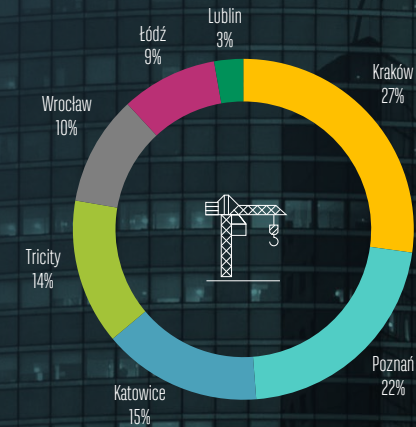
+0.4% q/q

218,000 sqm
SPACE UNDER CONSTRUCTION* (2025-2027)

-24.0% y/y

-30.3% q/q

Office space under construction (2025-2027)



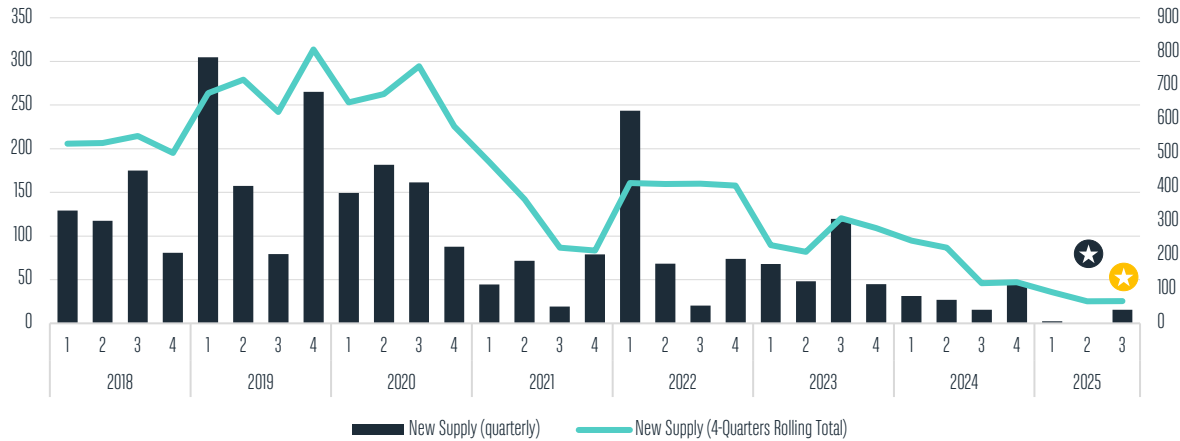
* Including remodelling of the existing facilities

Shutterstock © Sergii Molchenko



NEW SUPPLY

New supply (000's sqm)



© BNP Paribas Real Estate Polska, 30.09.2025



Shutterstock © Jakub Barzycki

★ Office buildings completed, last 4 quarters

BUILDING	CITY	GLA (sqm)	DEVELOPER
Grundmanna Office Park A	Katowice	20,650	Cavatina
Medyczna Complex	Kraków	9,700	ELTE GPS
Stella Office	Kraków	9,900	Grupa Zasada
Waterfront II build. 1	Gdynia	9,000	Vastint
Aleja Architektów 7	Wrocław	6,000	Entire M

© BNP Paribas Real Estate Polska, 30.06.2025

★ Office buildings completed, Q3 2025

BUILDING	CITY	GLA (sqm)	DEVELOPER
Stella Office	Kraków	9,900	Grupa Zasada
Zelwerowicza Office	Lublin	3,700	TBV
Kamienica Kraków	Kraków	2,040	Private Investor

Largest office buildings under construction (2025-2027)

BUILDING	CITY	GLA (sqm)	DEVELOPER	DATE OF OPENING
AND2	Poznań	37,900	Von der Heyden Group	Q4 2026
Tischnera Green Park 1	Kraków	24,000	Stalprodukt	Q4 2027
Swobodna Spot I phase	Wrocław	14,700	Echo Investment	Q1 2026
Wita II	Kraków	13,800	Archicom & Echo Investment	Q1 2026
PUNKT	Gdańsk	12,500	Torus sp. z o.o.	Q1 2026

© BNP Paribas Real Estate Polska, 30.09.2025

© BNP Paribas Real Estate Polska, 30.09.2025

BNP PARIBAS
REAL ESTATE

Real Estate for a changing world

OFFICE MARKET | REGIONAL CITIES 3



Q3 2025

OFFICE MARKET Regional cities

KEY FIGURES

1,192,300 sqm
VACANT SPACE, Q3 2025

+1.1% y/y
+2.3% q/q

VACANCY RATE, Q3 2025:

17.7%
Regional cities average

+0.4% y/y
+0.2% q/q

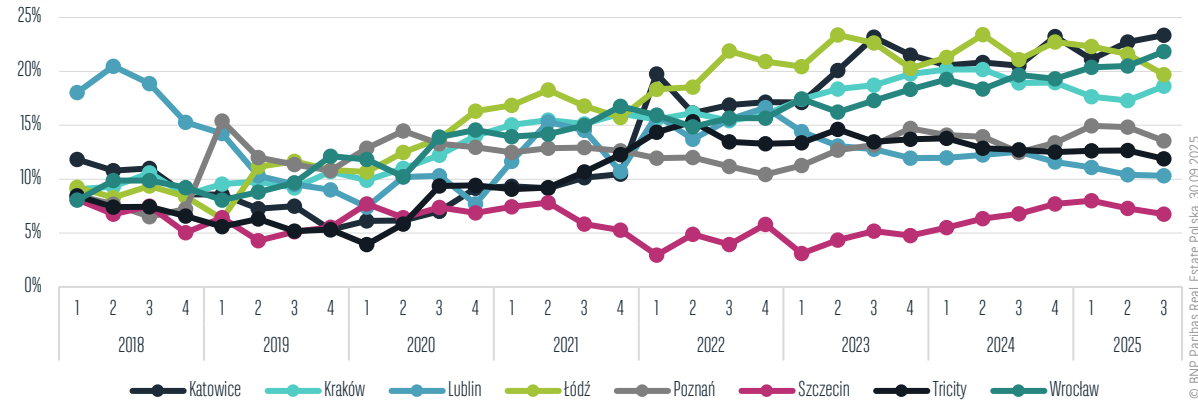
PRIME RENT (EUR/sqm/mth)

		Change y/y
Kraków	16.00	0.0
Wrocław	16.00	0.0
Katowice	16.50	0.0
Łódź	15.50	0.0
Tricity	16.00	0.0
Poznań	16.50	0.0
Szczecin	15.50	0.0
Lublin	12.50	0.0

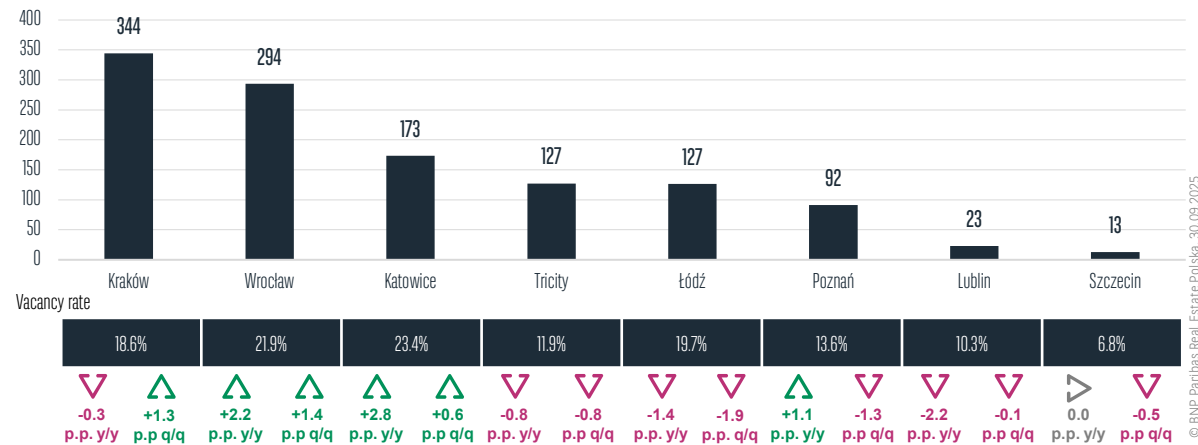


VACANCY RATE

Vacancy rate



Vacant space (000's sqm) and vacancy rate by city



RENTS

Asking rent*



* Interquartile range, determined from the asking rents of the available units



**BNP PARIBAS
REAL ESTATE**

Real Estate for a changing world

OFFICE MARKET | REGIONAL CITIES 4



Q3 2025

OFFICE MARKET
Regional cities

KEY FIGURES

134,400 sqm

GROSS TRANSACTION VOLUME, Q3 2025



-36.2% y/y



-38.2% q/q

741,500 sqm

GROSS TRANSACTION VOLUME,
LAST 4 QUARTERS

+4.0% y/y



-9.3% q/q

GROSS TRANSACTION VOLUME BY CITY, Q3 2025

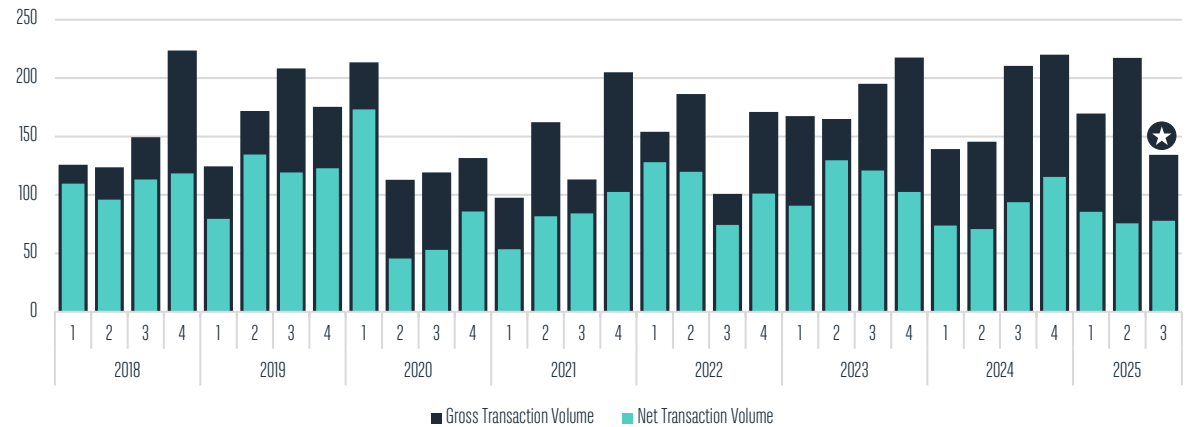


1. Kraków – 24%
2. Wrocław – 20%
3. Łódź – 17%



TRANSACTION VOLUME

Net / gross transaction volume (000's sqm)



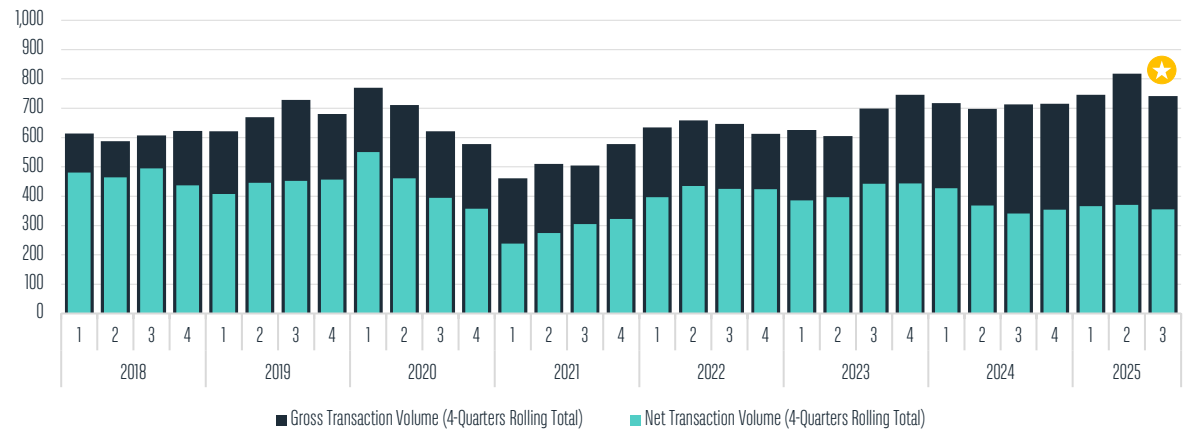
© BNP Paribas Real Estate Polska, 30.09.2025

★ Top 5 lease transactions, Q3 2025

TENANT	BUILDING	CITY	GLA (sqm)	TYPE OF AGREEMENT
Samorząd Województwa łódzkiego	Brama Miasta II (A)	Łódź	14,150	owner's own needs
Rockwool GBS	Nowy Rynek D	Poznań	9,700	renewal + expansion
GlobalLogic	Bonarka for Business F	Kraków	6,465	renewal
Olympus Business Services	Retro Office House	Wrocław	4,586	renewal
Hapag-Lloyd Knowledge Center	Alchemia IV Neon	Gdańsk	4,534	renewal + expansion

© BNP Paribas Real Estate Polska, 30.09.2025

Net / gross transaction volume, rolling total (000's sqm)



© BNP Paribas Real Estate Polska, 30.09.2025

★ Top 5 lease transactions, last 4 quarters

TENANT	BUILDING	CITY	GLA (sqm)	TYPE OF AGREEMENT
Shell	DOT Office	Kraków	22,900	renewal
Confidential	Kapelanka 42 A	Kraków	16,400	renewal
Aptiv	Enterprise Park A	Kraków	14,300	renewal
Samorząd Województwa łódzkiego	Brama Miasta II (A)	Łódź	14,150	owner's own needs
Confidential	Tertium Business Park II	Kraków	14,100	renewal

© BNP Paribas Real Estate Polska, 30.09.2025

BNP PARIBAS
REAL ESTATE



Q3 2025

OFFICE MARKET Regional cities

Structure of Gross Transaction Volume, by Type

	NEW	RENEWAL	EXPANSION	RENTAL FOR OWN USE
Share - Q3 2025	41.0%	42.1%	4.6%	12.3%
YoY change	0.0	-0.1	0.0	0.1
Share, last 4 quarters	38.7%	52.2%	4.7%	4.4%
YoY change	0.4	0.5	0.1	0.1

0%
SHARE OF PRE-LETS
IN THE GROSS TRANSACTION VOLUME, Q3 2025

7.4%
SHARE OF PRE-LETS
IN THE GROSS TRANSACTION VOLUME,
LAST 4 QUARTERS

+0.1 p.p. y/y

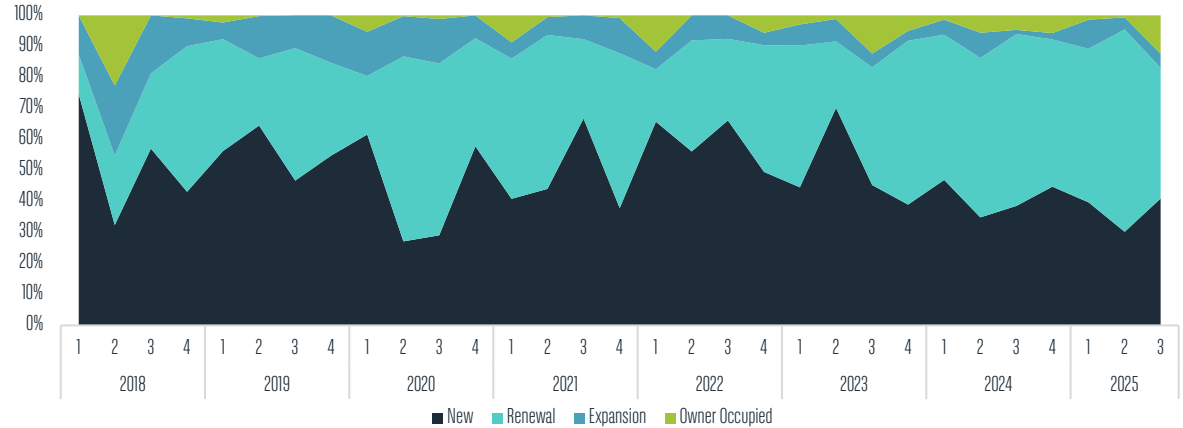
© BNP Paribas Real Estate Polska, 30.09.2025

Shutterstock © alice-photo



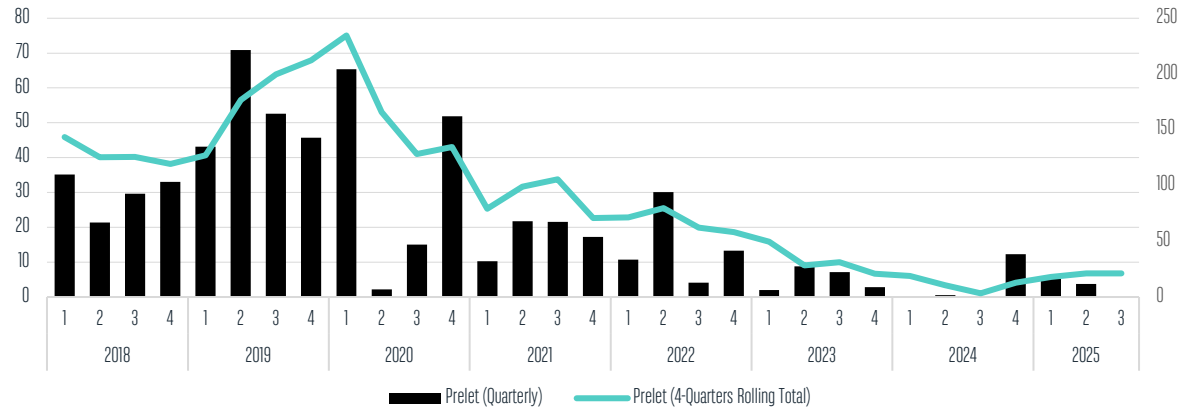
TRANSACTION VOLUME

Structure of gross transaction volume quarterly in 2018–2025, by type



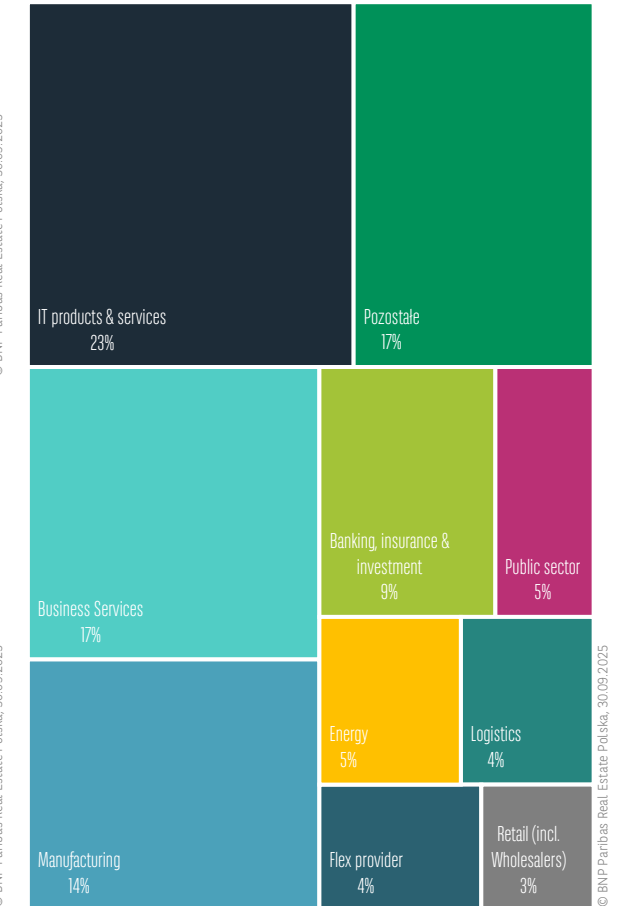
© BNP Paribas Real Estate Polska, 30.09.2025

Pre-let transaction volume (000's sqm)



© BNP Paribas Real Estate Polska, 30.09.2025

Structure of gross transaction volume by sector, the last 4 quarters



© BNP Paribas Real Estate Polska, 30.09.2025



**BNP PARIBAS
REAL ESTATE**

Real Estate for a changing world

OFFICE MARKET | REGIONAL CITIES 6



Q3 2025

OFFICE MARKET
Regional citiesREGIONAL OFFICE
MARKET BY CITY

LEGEND



Existing office space



Under construction



Vacancy rate



New supply, current quarter



Rent (EUR /sqm /month)

In the third quarter of 2025, rental rates for office space in the largest regional cities remained stable, ranging from €11.5 to €20.0 per sqm per month. The exceptions were Wrocław and Poznań, where the best locations commanded slightly higher prices – an increase of up to €0.50 per sqm per month.

Ewa Nicewicz
Senior Consultant, Office Agency
BNP Paribas Real Estate Poland

”

Shutterstock © alice-photo

Shutterstock © alice-photo

SZCZECIN

189,600

0

6.8%

0

13.0–13.9

POZNAŃ

675,000

47,100

13.6%

0

11.9–14.8

WROCŁAW

1,344,200

22,700

21.8%

0

11.7–14.6

KATOWICE

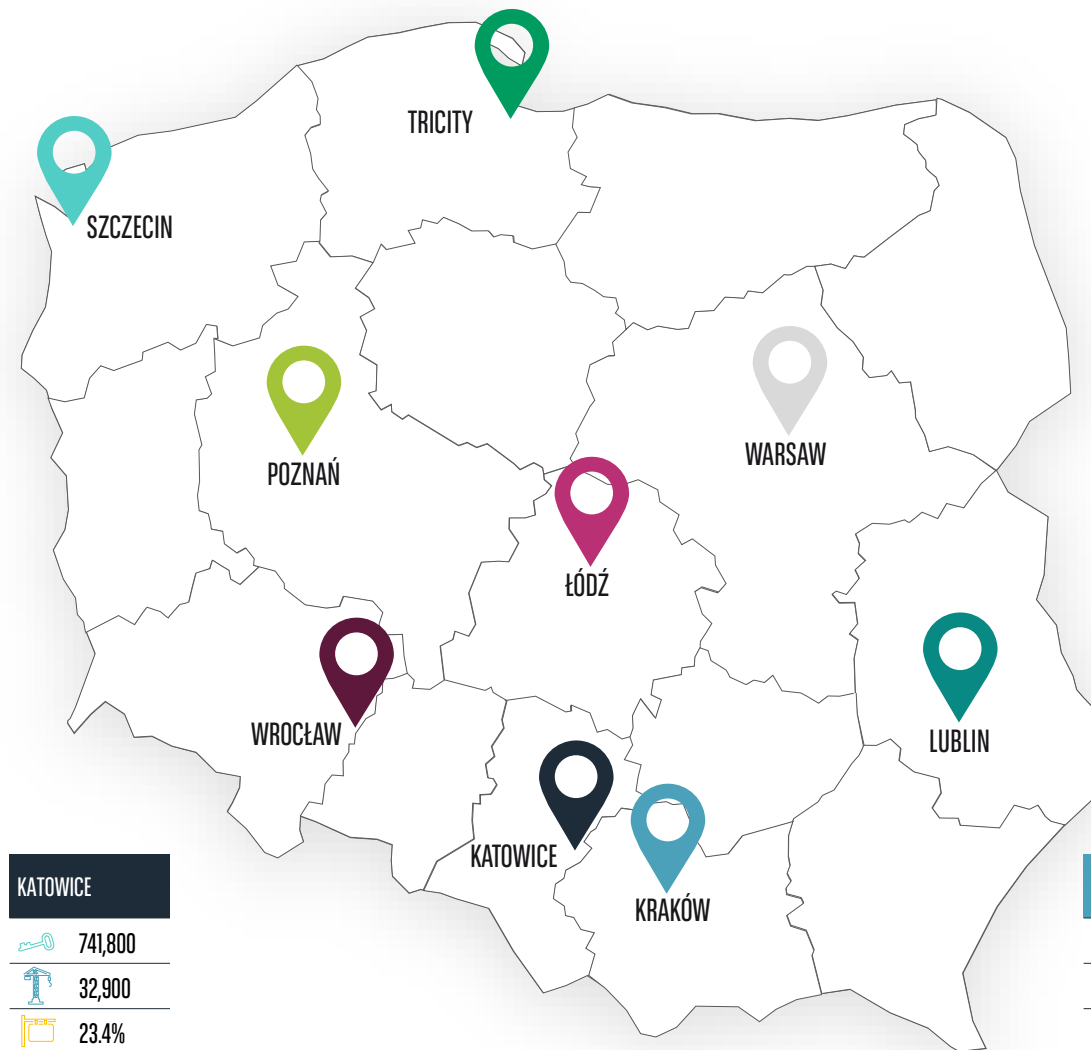
741,800

32,900

23.4%

0

11.5–13.9



TRICITY

1,067,000

30,100

12.6%

0

11.8–14.4

ŁÓDŹ

642,700

19,900

19.7%

0

9.2–13.5

KRAKÓW

1,846,700

59,300

18.6%

11,900

13.0–14.5

LUBLIN

225,400

6,000

10.3%

3,700

10.5–12.0

© BNP Paribas Real Estate Polska, 30.09.2025

BNP PARIBAS
REAL ESTATE

Real Estate for a changing world

OFFICE MARKET | REGIONAL CITIES 7



Q3 2025

OFFICE MARKET
Regional cities



CONTACTS

AUTHOR

Klaudia OKOŃ
Senior Consultant
Business Intelligence Hub & Consultancy
klaudia.okon@realestate.bnpparibas

CONTACTS

Małgorzata FIBAKIEWICZ, MRICS
Senior Director
Head of Office Agency
malgorzata.fibakiewicz@realestate.bnpparibas

Piotr RUSINEK, BSc (Hons), MRICS
Head of Project and Development Consultancy
piotr.rusinek@realestate.bnpparibas

Mateusz SKUBISZEWSKI
Senior Director
Head of Capital Markets
mateusz.skubiszewski@realestate.bnpparibas

dr Boleśław KOŁODZIEJCZYK, MBA, MRICS
Business & Data Director
Business Intelligence HUB & Consultancy
boleslaw.kolodziejczyk@realestate.bnpparibas

Erik DRUKKER
President of the Board
erik.drukker@realestate.bnpparibas

Michał PSZKIT
Senior Director, Head of Property Management
Member of the Board
michal.pszkit@realestate.bnpparibas

Arkadiusz BIELECKI, MRICS
Head of Valuation
arkadiusz.bielecki@realestate.bnpparibas



Looking for a tailor-made analysis? Click here to
find out our service offer **Research on Demand**



**BNP PARIBAS
REAL ESTATE**

BNP Paribas Real Estate Poland Sp. z o.o.
ul. Grzybowska 78,
00-844 Warszawa
Tel. +48 22 653 44 00
www.realestate.bnpparibas.pl

All rights reserved. At a Glance is protected in its entirety by copyright. No part of this publication may be reproduced, translated, transmitted, or stored in a retrieval system in any form or by any means, without the prior permission in writing of BNP Paribas Real Estate.



**BNP PARIBAS
REAL ESTATE**

Real Estate for a changing world

OFFICE MARKET | REGIONAL CITIES 8



Q3 2025

OFFICE MARKET
Regional cities



BNPP RE LOCATIONS (SEPTEMBER 2025)

EUROPE

FRANCE

Headquarters

50, cours de l'Île Seguin
CS 50280
92650 Boulogne-Billancourt cedex
Tel.: +33 1 55 65 20 04

GERMANY

Goetheplatz 4
60311 Frankfurt am Main
Tel.: +49 69 29 89 90

UNITED KINGDOM

10 Harewood Avenue
London NW1 6AA
Tel.: +44 20 7338 4000

BELGIUM

Avenue Louise 235
1050 Brussels
Tel.: +32 2 290 59 59

SPAIN

C/ Emilio Vargas, 4
28043 Madrid
Tel.: +34 91 454 96 00

IRELAND

57 Adelaide Road,
Dublin 2
Tel.: +353 1 66 11 233

ITALY

Piazza Lina Bo Bardi, 3
20124 Milan
Tel.: +39 02 58 33 141

LUXEMBOURG

Kronos building
10, rue Edward-Steichen
2540 Luxembourg
Tel.: +352 34 94 84

Investment Management

Tel.: +352 26 06 06

NETHERLANDS

Antonio Vivaldistraat 54
1083 HP Amsterdam
Tel.: +31 20 305 97 20

POLAND

Grzybowska 78,
00-844 Warsaw
Tel.: +48 22 653 44 00

PORTUGAL

Avenida da República, 90 Piso 1,
Fracção 1
1600-206 Lisbon
Tel.: +35 1 939 911 125

MIDDLE EAST/ASIA

DUBAI

Emaar Square
Building n° 1, 7th Floor
P.O. Box 7233, Dubai
Tel.: +971 44 248 277

HONG KONG, SAR CHINA

63/F, Two International
Finance Centre
8 Finance Street, Central,
Hong Kong, SAR China
Tel.: +852 2909 8888

SINGAPORE

20 Collyer Quay, #17-04
Singapore 049319
Tel.: +65 681 982 82

PARTNER COUNTRIES

AUSTRIA

THE CZECH REPUBLIC

GREECE

HUNGARY

JERSEY

NORTHERN IRELAND

PORTUGAL

ROMANIA

SLOVAKIA

SWITZERLAND

USA

BNP PARIBAS REAL ESTATE, is a simplified joint-stock company with capital of €383,071,696 and headquarters at 50, cours de l'Île Seguin – CS 50 280 – 92650 Boulogne-Billancourt – France, registered on the Nanterre Trade and Companies Register under no. 692 012 180 – APE 7010 Z Code – Identification Number CE TVA FR 66692012180.
Address: 50 cours de l'Île Seguin – CS 50280 – 92650 Boulogne-Billancourt Cedex.
Phone: +33 (0)1 55 65 20 04
Fax: +33 (0)1 55 65 20 00 – www.realestate.bnpparibas.com. BNP Paribas Real Estate is part of the BNP PARIBAS Group (art. 4.1 of the French law 70-9, 02/01/70)



BNP PARIBAS
REAL ESTATE

Real Estate for a changing world

OFFICE MARKET | REGIONAL CITIES 9



KEEP IN TOUCH WITH US, WHEREVER YOU ARE

#BEYONDBUILDINGS



www.realestate.bnpparibas.com